SUMMER HOLIDAY

GYMNASTICS CAMPS 2016

Holiday Gymnastics Sessions For Age 4+ years
No experience Necessary! Come and join us to learn new skills, meet new friends and have lots of FUN!

The Ultimate! Gymnastics Summer Camp!

Wed 27th July - 12.30-3.30pm
£15.50

THE ULTIMATE will involve a taster of all aspects of gymnastics. Apparatus work will include, Bars, Beam, Floor, Vault, Trampette, Rhythmic Gymnastics, Acro & Group work, Tumbling, Airtrack & Trampoline. Test your gymnastics strength & fitness and take the Monkey Club Challenge, learn new skills & ring the new move bell! Everyone will be presented with an exclusive Monkey Club Certificate on completion of the set challenges. (Bring a Drink & Snack)

Trampoline & Bouncing Fun

Wed 3rd & Fri 5th August
9am—12pm - £31.00

EVERYTHING BOUNCY!!!!!!! Learn New Floor Skills & have lots of bouncing fun on the Trampoline, Airtrack, Trampette, Tumble Track, Double Mini Trampoline & Vault. Everyone will be awarded with a special SGA trampoline and rebound certificate for all their hard work & completion of the challenges during the camp. (Bring a Drink & Snack)

Olympic Challenge Gymnastics Camp

Tue 2nd & Thurs 4th August
4-7pm - £33.00

Become an Olympic gymnast for the day! Gymnasts will be challenged on mens & womens Olympic pieces of apparatus—Vault, Bars, Beam, Floor, Rings & Trampoline as well as trying out the Rhythmic gymnastics apparatus. Learn new skills & ring the new move bell! Everyone will be presented with a special Olympic Style Medal for their participation in the Olympic Challenge. (Bring a Drink & Snack)

Gymnastics Fun & Pass a Badge Camp!

Tuesday 9th August—4-6.30pm £17.50

The Pass a Badge & Gymnastics Fun Camp will include, Bars, Beam, Floor, Rings, Vault, Tumble and Fun in the foam pits. In addition to everyone will work towards a British Gymnastics Badge & Certificate which will be presented at the end of the camp. (Bring a Drink & Snack)

Ninja Hero Challenge

Thursday 11th August 4-6.30pm - £14.00

NINJA CHALLENGE: Take part in SGA’s toughest Obstacle Course and become SGA’s Ninja Champion. The grueling circuits will be designed to challenge every gymnast regardless of their age & ability and everyone will be presented with a Ninja Hero Medal. Participants can also enter a timed challenge circuit to see who is SGA’s fastest Ninja and win a trophy! Other activities throughout the day will include exercises to build strength, agility, flexibility, speed, and include general body conditioning exercises as well as getting a chance to use all of SGA’s fantastic gymnastics apparatus. Bring a Drink & Snack-

SPECIAL OFFER!!!

BOOK THE OLYMPIC CAMP AND YOUR CHOICE OF ANY TWO OTHER CAMPS & RECEIVE A FANTASTIC £10 DISCOUNT.

Limited Spaces in all Camps! Hurry & Book your Place Now to avoid disappointment!

Closing Date: SATURDAY 16th JULY!

Scarborough Gymnastics Academy
Barry's Lane Leisure Complex, Scarborough, YO12 4HA.
www.scarboroughgymnastics.co.uk
EMAIL: info@scarboroughgymnastics.co.uk

SGA may run outdoor activities on the field as part of the camps. Bring Trainers, SunCream, and a Hat. Other activities throughout the camps may include: Fun & games, pit races, team games, parachute activities, fun obstacle course & games, crafts, colouring & quizzes.
# SGA 2016 Summer Camp Booking Form

| Name______________________________________________________________ |
| Age_____________     D.O.B_______________________ |
| Address____________________________________________________ |
| Tel:___________________________ Mobile:_______________________________ |
| Alternative Emergency Contact__________________________________ |
| Email_______________________________________________________________ |

**Important!: Booking Confirmation will be sent by email.**

- Any Dietary / Medical Requirements?
- Any Other Info / Previous Experience?

My child has already passed the following BAGA Proficiency / Apparatus / Monkey Club / Gymnastics Awards (Detail All)

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I would like to book a place for my daughter / son, on the following camps: (tick)

- Ultimate Summer Gym Camp @ £15.50
- Olympic Gymnastics Camp @ £33.00
- Trampoline & Bouncing Fun Camp @ £31.00
- Gymnastics Fun & Pass a Badge Camp - £17.50
- Ninja Hero Camp—£14.00
- Book The Olympic Camp & 2 other camps & receive a £10.00 discount!

Please note that if you are not a current member of British Gymnastics & taking part in more than 2 days of camps you must add £7.00 to cover temporary membership.

**Total Enclosed £________________________ Cash / BACS (No Cheques)**

Payment by BACS – Account no: 91791044  Sort code: 404022 – Please detail your child's name in the payment details and text 07766522976 to confirm payment & detail payment amount. Do not return booking form until payment has been made if paying by BACS.

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**Terms & Conditions of Bookings**

**Bookings are accepted on a first come first served basis.**

**4 years olds must be in full time education.**

**Bookings are for the full course duration, not individual days.**

**If there are insufficient numbers, sessions may have to be changed or cancelled, you will be notified in advance and refunded in the case of course cancellation.**

**Booked places may only be cancelled if there is sufficient notice (4 weeks). BAGA membership can not be refunded.**

All participants must be members of British Gymnastics if attending more than 2 sessions.

All participants must wear suitable clothing - Leotard or Close Fitting Shorts / T-Shirt & bare feet. No leotards with skirts, trousers or items with buttons/zips. Hair must be tied back neatly using soft bobbles & no jewelry including earrings must be worn.